Friday  

**Session I  8:00-9:15**

**F11 Infant/Toddler**  
**Freedom of Movement**  
What are the benefits of allowing infants freedom of movement during their first year? What does the research tell us about babies being on their backs? How do we accommodate this? Join this session to answer all these questions and more! Core Competency: I  

**Phyllis Porter**  
Early Education Trainer  
Eden Prairie, MN

**F12 Infant/Toddler**  
Do you care for Infants or Toddlers? Come learn how to develop an Emergent Curriculum for children birth to three using the right tools.  
The purpose of this session is to provide you, as an early childhood professional, with a framework you can use to make informed decisions about infant and toddler curriculum practices. The structure is based on current research of how infants and toddlers learn and develop in four domains — social/emotional, language/literacy, intellectual, and perceptual and motor development. It presents principles, a planning process, and strategies to assist you in your efforts to develop a curriculum that appropriately supports children birth to three. Please bring a copy of a recent lesson plan and a list of your yearly themes for participation and discussion. Core Competency: II  

**Maggie Olson**  
Educational Trainer, Consultant, Coach and Mentor  
St. Louis Park, MN

**F13 Director**  
**Reach for a Star: An Introduction to Parent Aware**  
Minnesota’s Quality Rating and Improvement System is here! Parent Aware allows you to build on your strengths and improve your Child Care through new learning, coaching, and grants. This information session will equip you with factual knowledge and resources needed to prepare for a Parent Aware rating. If you’re ready - you can get an application for the July 2013 Cohort! Core Competency: VII & VIII  

**Micki Lechner – Riehle**  
Nancy Johnson  
Early Childhood Coaches  
Think Small  
St. Paul, MN

**F14 Kindergarten/School Age**  
**Sensory Preferences: Impact on Yourself, the Children and Strategies for Everyone**  
This interactive workshop will describe the characteristics of Sensory Processing Disorder and how it may impact young children in child care programs. Each participant will have the opportunity to examine their own sensory preferences and how they meet their individual sensory needs. Children have unique sensory preferences and sometimes those preferences can interfere with learning, social growth, and may result in challenging behaviors. Strategies for inclusion will be presented. Core Competency: I & II  

**Chris Bentley**  
Director  
The Fraser Institute  
Richfield, MN

**F15 Preschool/Kindergarten**  
**Creative Movement Ideas for Preschool and Kindergarten Classrooms**  
In this session, you will learn about the importance of creative movement for young learners. Bring the joy of dance into the classroom! Many ideas and resources will be shared by the instructor, who has 26 years of experience. Core Competency: I  

**Heather Bissonnette**  
Dance Instructor  
Minnetonka, MN

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Break 9:15-9:25

Welcome & Worship 9:25-9:55  
Keynote Speaker: 9:55-11:20  
Penny & Pals: Wiggle, Giggle and Sing!  
Bringing contagious energy to the classroom through their motto - wiggle, giggle and sing!
Choose lunch or one of the following sessions

F20 Preschool/Kindergarten
Where is Jesus
We will take a look at the Spiritual Development for typically developing young children. We’ll look at materials used and the presentations of “Jesus Time.” We’ll also explore the question - how is Jesus present throughout the day and classroom? Finally we’ll discuss how can we help children connect the Bible lesson to their life and families. Core Competency: I, II, IV & V
Nancy Pieper
Early Childhood Director/Teacher
Elk River, MN

F23 Director/General
I Am Good at What I Do!
Raising and caring for children is important work –do you believe it? Do you acknowledge your strengths and talents, and the gifts you bring to the children in your life? You take care of everyone else, it seems – who takes care of you? Discuss the challenges to feeling good about your work and parenting, and discover new ideas for taking care of yourself and how that helps the kids in your life. Core Competency: VIII
Shelly Butler
Writer & Adult Educator
Shoreview, MN

F24 Kindergarten/Schoolage
Math Through the Child’s Eyes: K-2 Children’s Modeling, Counting, & Abstract Strategies
Young children come to school with a great deal of informal knowledge about mathematical ideas. Understanding how children build their mathematical thinking is the focus of this session. We will explore the developmental progressions of children’s solution strategies and how different problem types affect those strategies. Core Competency: I, III & VIII
James Brickwedde
Assistant Professor, Mathematics Education
Hamline University
St. Paul, MN

F25 Preschool/Kindergarten
Exploring the Outdoors and Bringing the Outdoors In!
Learn how to engage your Pre-K and Kindergarten students in ongoing nature observations throughout the year and how to bring the outdoors in with dynamic objects and live invertebrates. Link directly to early literacy, math and engineering skills. Teach acting out through dramatic play, stories, songs and games. Explore using all 5 senses. Core Competency: II & IV
Erin Rupp
K2 Science Outreach Educator
Educator
Bell Museum of Natural History
Minneapolis, MN
Katie Speckman
School and Family Programs
Bell Museum of Natural History
Minneapolis, MN

F26 Preschool/Kindergarten
Playing Around with the Alphabet
Join me as we explore the exciting world of the alphabet. You will learn many new techniques and activities to present the alphabet in a fun, child-centered way! We will explore ideas and activities that get children excited for learning! Activities presented in math, science, art, free play, literacy, music and phonics. Join me for some great child tested fun! Core Competency: II & IV
Michelle Espelien
Director
Crossroad Preschool
Minneapolis, MN

F21 Infant/Toddler
Infant Group Care Expectations: Getting Parents to “Get It”
Do you feel at times it’s hard to tell parents how your infant group setting works? Do you feel they place demands on you that are hard to meet? All because we have our hands tied, trying to meet so many different regulations. One key that helps is to have open communication with them from day one. It is essential to prepare them for what the next 13 months (or so) of their child’s life in your care MIGHT look like. In this session you will be provided with different “letters of communication” and other great tools that will get across how your group of infants works and ways to meet parents half way. After all, they are the expert in their child and we are the expert in child care. Core Competency: V
Heidi Clipperton
Assistant Director/Lead Infant Teacher
Golden Valley, MN

F22 Infant/Toddler
Social and Emotional Development in Infants and Toddlers
This is a 2 hour session. For the beginning of this session, please register for S22
This class will examine some of the different stages of social emotional development during infancy and toddlerhood. Some of the topics that will be covered are: trust vs. mistrust, communication with the baby, smiling, stranger anxiety, social referencing, attachment and peer relations. We will also discuss how to enhance infants and toddlers social emotional development through variety of activities including songs and books. Core Competency: I
Julie Koritz
Early Childhood Consultant & Parent Educator
St. Louis Park, MN

F27 Preschool
Imagination Fascination
Imaginative play is a fantastic medium in which children learn a variety of developmental skills. Join us for this lively session as we explore ways to implement more engaging imaginative play in your child care settings and leave with a pocket full of creative ideas that you can use tomorrow! Core Competency: II
Kimberly Giles
Early Childhood Trainer
Sartell, MN

F28 General (Meets Parent Aware Requirement)
Authentic Observation
This is a 2 hour session. For the continuation of this session, register for session F38
In this interactive, two hour session participants will be introduced to child observation and the tools of objective observation. Participants will discuss rationale for child observation, practice observation techniques, and discuss ways in which to use observation information to individualize care and learning environments. This is a Parent Aware Approved class! Core Competency: III
Maggie Olson
Educational Trainer, Consultant, Coach and Mentor
St. Louis Park, MN

F29 General
Teaching Treasures
After about a thousand combined years (OK, slight exaggeration) working with children and for children and their caregivers and teachers, Penny and Gail share the most valuable teaching/learning lessons they have garnered through practical experience and study. Core Competency: IV
Penny Andrist, M.S.
Gail Benson, M.Ed.
Early Childhood Trainers/Performers
### Friday Session III 1:45-3:00

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Description</th>
<th>Instructor(s)</th>
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| F31  | A Training in a Box                                                   | Enjoy a presentation of a fun kit that will make your job easier as a teacher all while you create predictable, consistent routines that consider that child’s point of view. Core Competency: II  
**Debbie Lund**  
Executive Director  
Baby's Space  
Minneapolis, MN |
| F32  | Social and Emotional Development in Infants and Toddlers             | This class will examine some of the different stages of social emotional development during infancy and toddlerhood. Some of the topics that will be covered are: trust vs. mistrust, communication with the baby, smiling, stranger anxiety, social referencing, attachment and peer relations. We will also discuss how to enhance infants and toddlers social emotional development through a variety of activities including songs and books. Core Competency: I  
**Julie Koritz**  
Early Childhood Consultant & Parent Educator  
St. Louis Park, MN |
| F33  | Introduction to Ethics for the Early Childhood Administrator         | THIS IS A 2 HOUR SESSION. FOR THE CONTINUATION OF THIS SESSION, PLEASE REGISTER FOR F43  
You make hundreds of decisions every day; some are easy, but some can seem overwhelming. The NAYEC Code of Ethics offers us core values, ideals and principles to help guide our decision making process. Join us as we explore what it truly means to be a leader of an Early Childhood program and how the NAYEC Code of Ethics can help make tough decisions easier. This is an introductory course for program administrators/directors who are not familiar with the Code of Ethics. Core Competency: VIII  
**Roz Zuest**  
Trainer, Coach, & Consultant  
A Zuest for Learning, LLC  
Robbinsdale, MN |
| F34  | Little Bucket Fillers                                                 | Bucket Fillers takes a look at simple ways to help children learn to be kind. We’ll discuss how to help them understand why happy people make them feel good, while others leave them feeling sad. We will take a look at how we can help children understand how they are making others around them feel. Core Competency: II  
**Kimberly Giles**  
Early Childhood Trainer  
Sartell, MN |
| F35  | Have Fun Teaching Spanish                                             | Explore fun learning activities that will excite your kids with Spanish language learning. Experience simple resources for Spanish pronunciation, songs, games, books, cooking and more. No Spanish background required - this class is perfect for beginners who want to get more active-learning ideas to teach Spanish. Core Competency: II  
**Amy Timm**  
Early Childhood Instructor/Trainer  
Director of Excelsior Covenant Preschool  
Minnetonka, MN |
| F36  | Creative Music with Young Children                                    | Join us for fun, interactive, easy-to-learn songs to bring into your early childhood classroom. This workshop explores musical techniques and ideas to nurture young singers and song-makers. Tape recorder recommended. Core Competency: II  
**Barb Tilsen**  
Teaching Artist  
Minneapolis, MN |
| F37  | Ninja Turtles, Trucks and Africa: Develop an Emergent Curriculum Theme by Theme | How can you move from a pre-set theme to an emergent curriculum where developmental observations and children’s interests can shine? Explore emergent curriculum as a means to achieving children’s individual goals within a thematic or predetermined curriculum. Learn how to broaden your planning by including your observations to plan activities both challenging children’s development and capitalizing on their interests. Participants will leave this workshop with a renewed energy for activity planning and strategies for creating or enhancing challenging and inspiring lesson plans. Core Competency: II & III  
**Mary Muhs**  
Early Childhood Education Program Coordinator/Instructor  
Rasmussen University  
Chanhassen, MN |
| F38  | Authentic Observation                                                 | THIS IS A 2 HOUR SESSION. FOR THE BEGINNING OF THIS SESSION, REGISTER FOR SESSION F28  
In this interactive, two hour session participants will be introduced to child observation and the tools of objective observation. Participants will discuss rationale for child observation, practice observation techniques, and discuss ways in which to use observation information to individualize care and learning environments. This is a Parent Aware Approved class! Core Competency: III  
**Maggie Olson**  
Educational Trainer, Consultant, Coach and Mentor  
St. Louis Park, MN |
| F39  | Superheroes and Hero Play                                            | We live in interesting times, in which real-life heroes share the spotlight with superheroes. Learn how to help young kids understand the difference, and how to support the development of the hero in every child. Time for Q&A, sharing, small group, and discussion of children's books will be included. Core Competency: IV  
**Shelly Butler**  
Writer & Adult Educator  
Shoreview, MN |
### Friday

#### Session IV 3:15-4:30

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<th>Workshop</th>
<th>Description</th>
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<tr>
<td><strong>F41 Infant/Toddler</strong></td>
<td><strong>Help Me Grow: Minnesota’s Early Intervention Referral System</strong>&lt;br&gt;As parents watch their child grow and develop they may notice when their child smiles, rolls over, sits up, walks, plays, coos, cries and talks. While all young children grow and change at their own rate, some children experience delays in their development. Help Me Grow is Minnesota’s early intervention referral system. Come to this workshop to find out how and when to make a referral. Core Competency: I&lt;br&gt;Kelly Monson, MA Ed. CFLE&lt;br&gt;Help Me Grow Coordinator&lt;br&gt;Roseville, MN</td>
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<td><strong>F42 Toddler</strong></td>
<td><strong>Squish, Swish, Smoosh! Toddler Art!</strong>&lt;br&gt;Toddlers love hands-on activities. We’ll cover the importance of doing art in a developmentally appropriate manner. You’ll have the opportunity to try some of these hands on ideas out and walk away with activities that you can do as soon as tomorrow! Core Competency: II&lt;br&gt;Sara Mulso&lt;br&gt;Adjunct Faculty&lt;br&gt;Concordia University&lt;br&gt;St. Paul, MN</td>
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<td><strong>F43 Director</strong></td>
<td><strong>Introduction to Ethics for the Early Childhood Administrator</strong>&lt;br&gt;This is a 2 hour session. For the beginning of this session, please register for F33&lt;br&gt;You make hundreds of decisions every day; some are easy, but some can seem overwhelming. The NAYEC Code of Ethics offers us core values, ideals and principles to help guide our decision making process. Join us as we explore what it truly means to be a leader of an Early Childhood program and how the NAYEC Code of Ethics can help make tough decisions easier. This is an introductory course for program administrators/directors who are not familiar with the Code of Ethics. Core Competency: VIII&lt;br&gt;Roz Zuest&lt;br&gt;Trainer, Coach, &amp; Consultant&lt;br&gt;A Zuest for Learning, LLC&lt;br&gt;Robbinsdale, MN</td>
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<td><strong>F44 Kindergarten/Schoolage</strong></td>
<td><strong>Making and Keeping Friends: The Importance of Friendship Skills</strong>&lt;br&gt;This workshop will examine the important relationship between mental health and social development. Participants will explore key “friendship skills” and social competencies needed for children to be successful in their social relationships. Strategies will include how to use activities and promote prosocial skills to avoid aggression and build self esteem for all children. Core Competency: I &amp; IV&lt;br&gt;Cindy Croft&lt;br&gt;Executive Director&lt;br&gt;Center for Inclusive Childcare&lt;br&gt;St. Paul, MN</td>
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<td><strong>F45 Pre-Kindergarten</strong></td>
<td><strong>“I Want Mommy!” - Emotional Coaching with Young Children</strong>&lt;br&gt;Are your students crying, uncooperative and fighting? Learn how to effectively use the techniques of emotional coaching to calm children who are experiencing separation anxiety and intense behavior outbursts. Also learn how to use this technique to communicate with parents who are upset or distraught. Core Competency: IV&lt;br&gt;Amy Timm&lt;br&gt;Early Childhood Trainer&lt;br&gt;Director of Excelsior Covenant Preschool&lt;br&gt;Minnetonka, MN</td>
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<td><strong>F46 Preschool</strong></td>
<td><strong>Be a Drama Queen (or King) in Your Classroom</strong>&lt;br&gt;Want to make that story more dramatic? Want to put some CALM amidst your CHAOS? As a former actor and current early childhood teacher, let me show you some of my “tricks.” Learn to take that BORING book that the kids just love and make it more interactive. The kids won’t stop wiggling so get them to “constructively” get up and get the jiggle bugs out of their pants! We will sing, dance and have a great time just like the kids do.&lt;br&gt;Core Competency: IV&lt;br&gt;Rachel Stohlmann&lt;br&gt;Lead Toddler Teacher&lt;br&gt;Apple Valley, MN</td>
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<td><strong>F47 Preschool</strong></td>
<td><strong>Simple Centers on a Teacher’s Budget</strong>&lt;br&gt;In this workshop, you will be presented with a wide variety of centers that meet the children’s learning needs. These centers are practical and organized across the curriculum. Names, letter, mathematical concepts, and much more will be presented for children to interact with learning materials. Core Competency: II&lt;br&gt;Amy Tripelt&lt;br&gt;Prekindergarten Teacher&lt;br&gt;Fort Wayne, IN</td>
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<td><strong>F48 General</strong></td>
<td><strong>Excelente Fabuloso –Easy and Engaging Ways to Bring Basic Spanish to Life in the Classroom</strong>&lt;br&gt;Throughout the “Excelente Fabuloso” workshop, educators will learn hands-on methods of incorporating basic Spanish into early childhood settings. Music, games, resources, and activities will be shared to help jump-start an enriching educational setting that includes basic Spanish. No language background required. The popularity of shows like “Dora” and “Diego” proves that kids want to learn multiple languages. Come learn how to bring basic Spanish to life in your classroom! Core Competency: II &amp; IV&lt;br&gt;Alysha Boie&lt;br&gt; Educator/Owner Kids Love Languages&lt;br&gt;St. Louis Park, MN</td>
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<td><strong>F49 General</strong></td>
<td><strong>How to Say No – Assertiveness Techniques for Child Care Professionals</strong>&lt;br&gt;Join this session to learn the role self-esteem plays in self-image, courage to ask for what is needed, techniques of learning to say “No” politely and firmly, and ridding oneself of “guilt” feelings for not being able to accommodate all requests. Participants will leave class knowing how good self-image contributes to communication skills that nurture high self-esteem for the child care provider and parent relationship. Also learn characteristics of assertive behavior, differences between passive, aggressive and assertive behavior; implementation of assertiveness skills; and solutions for challenging situations through positive conflict resolution. Core Competency: VIII&lt;br&gt;Linda Sidney&lt;br&gt;Apple Valley, MN</td>
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**Session I 8:00-9:15**

**S11 Infant/Toddler**

Integrating Sensory Activities in the Classroom

This session will discuss ways to integrate sensory activities with young children in a classroom setting while taking into account possible sensitivities to sensory intake. The presenters will provide ideas for alternatives to sensory activities for children who have hyper or hypo sensory inputs. Core Competency: I & III

Sonia Jenny
Infant Teacher
St. Paul, MN

Ana Jenny
Lead Behavior Therapist
MN Autism Center

**S12 Infant/Toddler**

Jesus Loves the Little Ones Like Me!

Our little ones are never too little to begin to learn about Jesus. Older infants and toddlers can begin to participate in Jesus time when it is done in a developmentally appropriate and hands-on way. We’ll explore what this looks like – activities and props to use to make the stories come to life and expansion activities to give you opportunities to remind your children that Jesus loves them throughout the day. Come prepared to share about what you are doing and what is working. We’ll do some sharing in addition to our learning.

Core Competency: I & II

Sara Mulso
Adjunct Faculty
Concordia University
St. Paul, MN

**S13 Director/General**

Executive Function + Growth Mindset = Long Term Success

Executive functioning is not about shapes, colors, numbers, and letters of the alphabet. Following directions, playing creatively, taking turns, developing inhibitory control, correcting mistakes and adjusting to change are skills that mature through practice and are strengthened by experiences. Application and implementation of these skills can be enhanced by a child’s mindset or personal beliefs. Core Competency: VIII

Ada Alden
Educational Consultant

**S14 Kindergarten/Schoolage**

Anger & Aggression in Young Children: How do we solve the problem together?

Anger and aggression in young children can cause anxiety for children, caregivers and parents. It is important to develop techniques and strategies to help children express themselves in appropriate ways. We will discuss different options in programming to support the child and vary the views and ideas on how to support parents in parenting their children.

Core Competency: I & V

Judy Davis
Early Childhood Trainer and Consultant
St. Paul, MN

**S15 Preschool**

All Star Assessments

Each year we collect a sample of our early learner’s growth and development. This portfolio is our tool for assessment and communication with our parents. Picture data, student-created materials, and an objective checklist are some of the artifacts kept. You will leave this session armed with portfolio possibilities to print and use in your classroom. Core Competency: III

Rachel Jeppesen, Preschool Director
Lynsey Pierce, Preschool Teacher
Redeemer Lutheran Preschool
Willmar, MN

**S16 Preschool/Kindergarten**

Nutrition Education through the Seasons

Join us for some ideas for teaching preschoolers about nutrition throughout the year instead of teaching a unit only once a year! We will offer some fun and creative recipes to do with your children. There will also be a chance to do some tasting! Core Competency: I, II, IV, V & VI

Evelyn Mouacheupao, Preschool Teacher
Lacey Wellens, Preschool Teacher
Hand In Hand Childcare
St. Paul, MN

**S17 Preschool**

MEan ingful Math

Early childhood indicators of progress or ECIPs is a buzzword but do you know how to make this work in your classroom? Come and see how these indicators come to life through real activities that are meaningful, that you can easily do and that help children see that math is relevant to them! Core Competency: II

Lynne Mulso
Former Early Educator
Sherburn, MN

Elizabeth Sherman
Family Advocate
Community Action Head Start
St. Paul, MN

**S18 General**

Balancing Act: Best Behavior & Learning Through Movement

One of a child’s first ways of learning is through movement. Not only does movement keep us in balance physically, but early activities that children naturally enjoy provide important brain connections for good attention and emotional regulation skills. Specific developmental movements establish early learning readiness. All young children benefit from these simple activities, adapted to fun play for every age and stage.

Core Competency: I & II

Catherine Burns
Somatic Developmental Movement Therapist
Minneapolis, MN

**S19 General**

Celiac’s Disease in 1, 2, 3 (& 4)!

Do you have a child in your care that has been diagnosed with celiac disease? Come to this session to understand fast facts on gluten free living, learning the gluten free lingo, safe meal prep, cross contamination & shopping, and perfect sensory and art activities. Core Competency: III & VI

Donna Nagel
Infant Teacher
Hopkins, MN
S23 Director

Websites Made Simple
In today's technology driven society, most families search for childcare on the internet. A website brings your business to potential clients; an awesome opportunity to explain your features and benefits, in addition to a virtual tour. Explore some of the simple and FREE options for your website for anyone who knows how to navigate the internet and type. We'll also learn how to create a domain, set up an email address for your domain, trace site visits and improve placement in search engines. Feel free to bring a computer to follow along! Core Competency: V

Hollee Saville
Trainer/Web Designer/Child Care Provider
St. Michael, MN

S24 Kindergarten/SchoolAge

Always Looking for New Art Ideas
In education, we usually frown on plagiarism. When it pertains to teaching art, we encourage copying ideas by visiting other teachers or schools, buying new art books, looking through art web sites and of course, going to great workshops! Join us and copy lots of new ideas for grades K-3. Core Competency: II

Connie Peterson
Adjunct Professor, Concordia University, St. Paul, MN
Volunteer Art Teacher, Central Lutheran, Sartell, MN

S25 Preschool

Changing Hats, One Character at a Time
The power of props, puppets and pretend is so important in a child's development. Come explore new ways to incorporate dramatic play into your programs. We'll discuss themes, props and ideas to expand this area in your curriculum. Core Competency: II

Miranda Oliver
Early Childhood Trainer and Practitioner
Forest Lake, MN

S26 Preschool/Kindergarten/Schoolage

Bullying: Why Don't They Like Me?
What is Minnesota doing about bullying? Is it across the spectrum to include all types of bullying? Come and find out more! We will discuss the difference between harassment and bullying and also examine common views about bullying and the types of bullying. We will look at ways to talk to children about prevention and effective methods for responding to the bullying behavior. Discussion on how bullying can impact a child's self-esteem and how we can use intervention strategies is the key. Core Competency: II & V

Wanda Hill
Early Childhood Consultant/Trainer
Blaine, MN

S27 Preschool

Down on the Farm: Theme-based Curriculum
Let's take a trip down on the farm and learn some new ways to put together a fun-filled farm curriculum for your child care setting. Curriculum ideas include indoor and outdoor activities, music, movement, math, science, and language development activities. Core Competency: II

Lori Ann Hameister
Early Childhood Trainer & Mentor
Little Bit of Guidance
Eyota, MN

S28 Preschool/Kindergarten

Creating Unique and Fun Art Projects
This fun hands-on class will introduce you to new and unusual art materials as well as show you how to create fun and unique art lessons for your students. Core Competency: II

Shay Hata
Owner
Abrakadoodle
Plymouth, MN

S29 General

Food Allergies
For many of us, food is more than a daily necessity. We derive pleasure from eating and nurturing our children with healthy foods. However, a food can cause upset for many reasons. This can range from intolerance to allergies. In this class, we will define the difference between allergies and food intolerance, discover which foods children tend to be more allergic to and hidden dangers in many common foods. Core Competency: VI

Cathy Johnson
Nutrition Educator
Ramsey, MN
**Saturday Session III 1:45-3:00**

**S31 Infant/Toddler**

**Silent Cries: A Peek into the Impacts of Medical Trauma in Infancy**
This workshop presentation will focus on the neurological effects of medical trauma on small children, methods to assist professionals in the prevention and reduction of medical trauma as well as diagnosing and treating small children with trauma symptoms. This workshop will review potentially traumatizing medical procedures, indications of trauma, effects that trauma had on the body within the neurological system, how trauma impacts children who have no brain “memory” of traumatic events, but have somatic memories. Additionally, we will cover the development of a traumatized child, and the role of professionals and parents/caregivers in the prevention and reduction of trauma and the healing process. Further information will be shared on sensory triggers, somatic memories and the trauma effects on a child’s daily experiences. Focus will also be given on how to assist parents and caregivers in preventing and reducing trauma for children.
Core Competency: I, III, IV, V & VI

Nicole Ross, M.S.
Clinic Director
Elk River, MN

**S32 Infant/Toddler**

**Responding to Differences: Acknowledge, Ask, Adapt**
Caregiving routines are an important part of providing quality care for infants and toddlers. Sometimes the routines and care provided by families is different than what you provide in your program. In this session, we will learn how to work with parents in a respectful and productive manner when these differences arise. Core Competency: III & V

Jen Speth
Preschool Teacher & Early Childhood Educator
Freshbrew Learning
Rochester, MN

**S33 Director/General**

**New One in Christ Religion Series for Early Childhood**
Be the first to see the four new levels of the One in Christ religion series. Join me as I share more about the new materials for infants, toddlers, preschool and kindergarten. The materials teach bible stories chronologically but are theme-based and integrate the bible story into other curricular areas. Consider how a religion curriculum can be the starting point for your entire curriculum planning. Core Competency: II

Paul Berg
Concordia Publishing
St. Louis, MO

**S34 School Age**

**Counting ON Kids! Service Learning Projects for School-Agers**
In this workshop, we will concentrate on the difference between volunteering and service learning. The steps to successful planning through implementation will be explored. We will practice developing a project that is meaningful to the children in your program. Core Competency: II & V

Marsha Partington
Adventure Club
Site Supervisor
Hopkins, MN

**S35 Preschool**

**The ‘Big Five’ Emergent Literacy Skills**
*Fulfills MN Re-Licensing Requirement*

THIS IS A 2 HOUR SESSION. FOR THE CONTINUATION OF THIS SESSION, PLEASE REGISTER FOR S45

In this workshop we will explore the ‘Big Five’ emergent literacy skills that children begin to develop at birth and we can teach and enhance these skills with the children we teach. The big five emergent literacy skills include conversation skills, vocabulary and background knowledge, book and print rules, phonological awareness and alphabetic knowledge. Hands-on examples will be given (no need to buy anything) and videos will be shown to clearly illustrate these strategies so you know what to look for and where to go with your students at their various literacy stages.

Core Competency: II

Kilee Christnagel
Educator
Maple Grove, MN

**S36 Preschool/Kindergarten**

**Inside the Child: Social and Emotional Development**

Ever wonder why children do what they do? This interactive training will give participants a chance to look at a child’s behavior from the “inside-out.” Participants will examine children’s temperament and development in relation to children’s behavior. Core Competency: V

Wanda Hill
Early Childhood Consultant/Trainer
Blaine, MN

**S37 Preschool/Kindergarten**

**Where is Jesus**

We will take a look at the Spiritual Development for typically developing young children. We’ll look at materials used and the presentations of “Jesus Time.” We’ll also explore the question - how is Jesus present throughout the day and classroom? Finally we’ll discuss how can we help children connect the Bible lesson to their life and families. Core Competency: I, II, IV & V

Nancy Pieper
Early Childhood Director/Teacher
Elk River, MN

**S38 General**

**Why Even the Little Ones had Mental Health Disorders and How We Can Help Them at School**
*Fulfills MN Re-Licensing Requirement*

THIS IS A 2 HOUR SESSION. FOR THE CONTINUATION OF THIS SESSION, REGISTER FOR S49.

This session will include a description of the early warning signs of children’s mental illness and the roots of these problems. Learn how to integrate mental health supports and services into education program planning. Most importantly, learn how to help children and their families deal with these tough issues.

Sally Baas
School Psychologist
Professor, Concordia University
St. Paul, MN

**S39 General/Director**

**Moving and Shaking Teachers: Promising Practices in Staff Development**
Are you responsible for the professional development of other adults? Are you a trainer or a manager with training responsibilities? In this interactive session we will look at the development of adult employees including an explanation of the cycle of employee development, development planning, and new and promising practices for supporting employees to be their best! Core Competency: I, II, IV & V

Sharon Bergan
Executive Director
MnAEYC-MnSACA
S41 Infant/Toddler
What Goes on in That Little Brain?
We read so much in the media about Early Brain Development. What is true and what is myth? What can we as caregivers do to promote healthy brain development in infants? Core Competency: I, II, IV & V
Phyllis Porter
Early Education Trainer
Eden Prairie, MN

S42 Infant/Toddler
Toddlers: Terrors or Terrific
Toddlers are often a stage that comes with tantrums, emotional outbursts and unpredictable behavior. Such behaviors leave caregivers feeling frustrated and unsure of how to handle these situations. By taking a peek inside the toddler brain and learning how it is wired enables us to understand the motivation and triggers from which the behaviors form. This class will focus our attention on recognizing the common triggers and learn how we can adjust our interactions to positively affect behavior. Core Competency: I & IV
Barbara Wagner
Accreditation Specialist
MnAEYC
St. Paul, MN

S43 Director
Is your Child Care Program Ready? Disaster Planning for Child Care Centers and Family Child Care Homes.
Emergencies and natural disasters do happen and the possibility of them occurring during child care hours is high. A caregiver’s primary responsibility is to ensure the safety of the children in their care. The intent of this training is to gain a better understanding of the need for disaster planning in a child care setting and to provide the necessary information to assist in setting up a plan. Core Competency: IV
Lori Ann Hameister
Early Childhood Trainer & Mentor
Little Bit of Guidance
Eyota, MN

S44 Kindergarten/Schoolage
Effective Strategies for Engaging and Empowering Preliterate Families
Minnesota is home to a growing diversity of families from rich cultural and linguistic backgrounds. This session will offer effective strategies of best serving families in transition. In particular, teachers will receive tips on best ways to share resources and keep communication open with parents who are in the low literate or preliterate stages. This session will also address ways to establish classroom environment which promotes bicultural and bilingualism for all children. Core Competency: V & VI
Marian Hassan
Trainer & Consultant
Woodbury, MN

S45 Preschool
The ‘Big Five’ Emergent Literacy Skills
*Fulfills MN Re-Licensing Requirement
In this workshop we will explore the ‘Big Five’ emergent literacy skills that children begin to develop at birth and we can teach and enhance these skills with the children we teach. The big five emergent literacy skills include conversation skills, vocabulary and background knowledge, book and print rules, phonological awareness and alphabetic knowledge. Hands-on examples will be given (no need to buy anything) and videos will be shown to clearly illustrate these strategies so you know what to look for and where to go with your students at their various literacy stages. Core Competency: II
Kilee Christnagel
Educator
Maple Grove, MN

S46 General
Fun With Faith
God has blessed us with the opportunity to love and care for His most precious gift, children. How does He call us to do this in a way that is fun and helps make faith stick? Be ready to share some of the fun and funny moments of your time with children. Prerequisite: Sense of humor. Core Competency: I, II & IV
Mike Millington
Director of YOUTH and Family Ministry
Living Christ Lutheran Church
Chanhassen, MN

S47 Preschool
A Sense of Place Through Time: Forming an attachment to Nature through a Year-Long Study
“I wonder what it will look like today?” This presentation looks at long term, in-depth observation of nature with children at a specific place during the changing seasons. Two examples of studies where preschoolers revisited a familiar site throughout the school year will be shared. Implications and ideas for your own classroom will be made. Core Competency: II & IV
Brenda Jerde, Kristenza Nelson, & Natalia Seidel
Preschool Teachers
Dodge Nature Center
West St. Paul, MN

S48 General
Why Even the Little Ones had Mental Health Disorders and How We Can Help Them at School
*Fulfills MN Re-Licensing Requirement
This is a 2 HOUR SESSION. FOR THE BEGINNING OF THIS SESSION, REGISTER FOR S38.
This session will include a description of the early warning signs of children’s mental illness and the roots of these problems. Learn how to integrate mental health supports and services into education program planning. Most importantly, learn how to help children and their families deal with these tough issues.
Sally Baas
School Psychologist
Professor, Concordia University
St. Paul, MN

S49 General
Wave Riders: Nurturing Boys for Emotional Health
With tools for caregivers to connect with boys and understand their masculine myths to chart a course toward social competence that benefits all children. Core Competency: IV
Joshua Koeppe
Education Coordinator
Shoreview, MN