F11 Infant/Toddler
Vision and Learning – Are they playing on the same team?
Early detection and treatment of childhood vision disorders can have significant impact in the learning abilities of young children. Educators will be given a basic background of vision development beginning with infants and the InfantSEE public health program continuing through the early childhood years. Developmental risk factors, signs and symptoms to watch for and comprehensive preventative care will be discussed.
Core Competency: I & IV
Tina McCarty, OD, FAAO
Doctor of Optometry
Maplewood, MN

F12 Toddler
Organized Chaos
Do you ever have those days when you want to pull your hair out? Does it seem like your children are struggling to find enough to do? Come and learn how to manage your room of toddlers with multiple activities going on. Join us at Hand in Hand to view our center and learn new strategies.
Core Competency: I, II & IV
Sarah Barron & Brianna Just
Co-Toddler Teachers
Hand in Hand Child Care Center
St. Paul, MN

F13 Director
Playground Safety
Active play is an important part of each child’s day. This workshop will provide information and recommendations to prevent injuries and keep children safe and healthy in their play adventures. There will be an opportunity to inspect an outdoor play space as part of the training. At the end of this training session, attendees will be able to 1) Identify hazards most common to playground structures and describe a corrective action plan to promote safety. 2) List four components of a playground safety plan and 3) Provide suggestions for how an outdoor environment can be optimized for children of all abilities.
Core Competency: VI
Diane Etling
Child Care Health Consultant
St. Paul, MN

F14 Pre-K/K
Boisterous Boys (and Girls)
Spinning, grabbing, rough-housing and crashing. Why can’t boys just play nicely? They are telling us that they need vigorous physical activity to fully develop. All children have these needs. They also need supportive adults to help them experience big body play. Learn the benefits of this type of play and strategies for keeping things safe and fun.
Core Competency: II & VI
Mike Huber
Teacher, Administrator & Author
Minneapolis, MN

F15 Pre-K/K
Easy Art: Fun and Developmentally Appropriate
Learn simple ways to foster creativity and develop a fun, inexpensive art curriculum. Review children’s cognitive and small motor development as it relates to their abilities to engage in art experiences. There will be lots of ideas for process art experiences.
Core Competency: II
Gloria Deziel
Early Childhood Specialist
Woodbury, MN

F16 Pre-K
Leaping into Literacy
Find new ways to develop literacy with young children. We will be using music and movement to reinforce readiness skills. Learn how to enhance literacy through literature and flannel board activities.
Core Competency: II
Julie Torkelson
Retired Early Childhood Teacher
Shoreview, MN

F17 General
YOU are a Faith Former! The Role of Early Childhood Educators in the Faith Lives of Children
We have read the research that affirms how vitally important brain development is in early childhood. We do a wonderful job of building pre-reading and pre-social skills. Yet, have we neglected learning how to nurture faith in God’s youngest children? Join Marilyn Sharpe for an empowering, inspiring and practical session on learning the doable, daily ways in which we can provide spiritual practices to make God abundantly present to God’s precious children…even the ones that are opposite your communication style that you just don’t understand!
Core Competency: I & IV
Marilyn Sharpe
Certified Family Life Educator
Edina MN

F18 General
Parent Communication: Showing their True Colors
How many times have you said or heard... “It’s not the kids that are frustrating, it is the parents.” The time has come where we will take an in depth study of the four main personality and communication styles based off of the well-known Myer Briggs Test. This class will not only be a fun break from your daily grind but also give you insight on why you act and react the way that you do – as well as insight into those around you. You will have techniques that will empower you to effectively communicate with parents of children that are in your care.
Core Competency: V & VIII
Brenda Lowe
Trainer
Woodbury, MN

F19 Pre-K/K/School Age
Explore the Universe: Astronomy in the Classroom
The Bell Museum of Natural History's Planetarium staff will demonstrate how to meet your Earth and space science standards. These standards will be met with web-based, hands on, and kinesthetic astronomy activities. Also, there will be samples shared of planetarium programs offered for grades Pre-K to 5th.
Core Competency: II
Sally Brummel
Planetarium Educator and Outreach Coordinator
Bell Museum of Natural History
Minneapolis, MN
F23 Director/General
Education and Retaining Quality Child Care Staff
This workshop will be split into two parts: 1) A presentation on how to educate staff and reduce turnover through the T.E.A.C.H. Early Childhood® MINNESOTA scholarship program. This will focus primarily on the hard and soft costs of turnover and the costs and benefits of T.E.A.C.H. and 2) A focus group discussion on how to encourage more center programs to support staff through T.E.A.C.H. MINNESOTA. Core Competency: VIII
T.E.A.C.H. Early Childhood® MINNESOTA
Child Care Aware of Minnesota Staff

F24 Pre-K/K
Everyday Science
This session will explore turning everyday items into science fun for children as they learn about their everyday world. You'll walk away with activities that you can confidently implement with resources that are readily available. Core Competency: II
Sara Mulso
Early Childhood Trainer
North St. Paul, MN

F25 Pre-K/K
Handy Activities for Learning
In this session, you will learn to provide quality learning opportunities for children that are easy to prepare and implement. Learn simple and fun ways to support literacy, creativity, physical development, mathematical and logical thinking. Ideas will be shared on a simple system to help you organize your curriculum ideas. Core Competency: II
Gloria Deziel
Early Childhood Specialist
Woodbury MN

F26 General
Equipping Parents to be Faith Formers, Too!
Multiply the effectiveness of your classroom faith-nurturing by connecting with and equipping children’s parents to be faith formers. Children learn best from the adults who surround them all the time, who love and care for them. Teach parents how to express the love of Christ and share God’s story with their children. You will shape two generations in faith and faith practices! Core Competency: V
Marilyn Sharpe
Certified Family Life Educators
Edina, MN

F27 General
Toxic Stress: Understanding How Early Life Experiences Affect Children
Join us as we discuss children’s early life experiences and how those affect healthy development. We will review the ACES study on adverse childhood experiences and examine how we support children who have experienced or are experiencing toxic stress/ACES. In addition, we will identify best practices for working with these children. Core Competency: I
Cory Woosley
Professional Development Director
Child Care Aware of Minnesota
St. Paul, MN

F28 General
All Are Welcome! Easy Adaptations for School, Home and Daycare
Early childhood professionals are eager to welcome children with special needs into their classrooms, but may feel unprepared to best meet the learning needs due to physical, social-emotional and sensory challenges. The goal of this presentation is to provide teachers, paraprofessionals, and other caregivers with tools and ideas to help them adapt their environments to meet the needs of the students they are working with. This highly interactive course will equip participants to identify and adapt classrooms for children of ages and abilities and give everyone an equal opportunity to learn! Core Competency: II, III, IV & V
Julieanna Bowen, MA, OTR/L
Occupational Therapist & Clinic Supervisor
New Hope, MN

F21 Infant/Toddler
Caring for Infants and Toddlers in Groups: Conversations about Curriculum
What does it mean to use a curriculum with infants and toddlers in a group setting? Participants will define intentional curriculum and discuss/explore materials and experiences that support infant-toddler development. Core Competency: II & IV
Vicki Hawley
Professional Development Coordinator
Univ. of Minnesota Center for Early Education and Development
Minneapolis, MN

F22 General
* Meets Minnesota relicensure criteria
Reducing the Risk of Sudden Unexpected Infant Death
Sudden Unexpected Infant Death is the leading cause of death in infants under the age of one. Learn about the facts of SUID and learn how to reduce the risk of SUID in the child care setting. Core Competency: VI
Pam Bohm
Trainer II
Anoka County Family Child Care Licensor
Anoka, MN

F29 General
* Meets Minnesota relicensure criteria
Appy Hour: A 2nd Helping of iPad Apps for Kids and Family
New and updated session from since last year! Join us and we’ll share free and cheap apps for children and families—ranging from picture books to homework help! Core Competency: II & V
Maggie Snow
Jenn Strauman
Librarians
Blaine, MN
<table>
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| **F31 Infant/Toddler**  
Babies Who Wouldn’t Wait: Working with Preemies  
Most of us have had a fun, sometimes challenging job. Most of us have had specialized training in or a specific knowledge of working with premature babies (preemies). Premature babies require some extra care and attention. Learn more about the care you can expect and get strategies for supporting preemies and their parents. Core Competency: I  
Kristen Wheeler Highland  
Early Childhood Consultant & Trainer  
Bloomington, MN |
| **F36 Pre-K/K**  
Integrating STEM in Early Childhood Settings  
Learn how to incorporate Science, Technology, Engineering, and Math into your setting. You will integrate knowledge of child development, environments, and teaching methods to promote curiosity, attention, perception, memory, problem-solving, logical thinking, and media literacy. Core Competency: II  
Cory Woosley  
Professional Development Director  
Child Care Aware of Minnesota  
St. Paul, MN |
| **F32 Infant/Toddler**  
Putting the “A” in STEM: Using Music and Movement with Infants and Toddlers  
Growing evidence shows that music enhances a child’s ability to create, learn, think, and reason. It is in the first five years of life that formative brain development and connections are being formed. Young children often communicate for the first time through music and movement, including making intentional sounds, facial expressions, gestures or actions. A child’s general well-being, experiences, and studies at school can benefit from the skills learned through music. Incorporating developmentally appropriate music and movement into an infant and toddler curriculum provides stimulation for languages and brain development which in turn enhances learning in the areas of science, technology, engineering and mathematics (STEM) in a child’s life. Core Competency: II  
Marcia Wolf  
Senior Instructional Specialist  
University of Wisconsin, Stout  
Menomonie, WI  
Peggy Nelson  
Associate Professor  
University of Wisconsin, Stout  
Menomonie, WI |
| **F33 Director/General**  
Mastering Stressful Moments  
When you care for young children, you can expect many stressful and emotional moments. During this seminar, you will identify common stress triggers and explore typical stress responses. You will discover hands-on methods to reduce stress and work with intense behaviors. Core Competency: IV  
Raeleine Ostberg  
Family Education Specialist  
Thriving Together LLC  
Northfield, MN  
Vicki Hawley  
Professional Development Coordinator  
Center for Early Education and Development  
University of Minnesota  
Minneapolis, MN |
| **F34 Pre-K/General**  
Plants and Pictures with a Purpose  
Do you struggle in creating your environment? Want to know more about how to create a sensory rich learning environment? Come and get inspirations on how to place items and get creative, inexpensive ideas on how to create a sensory rich learning environment. Core Competency: II  
Miranda Oliver  
Early Childhood Professional and Trainer  
Forest Lake, MN |
| **F35 Pre-K/K/School Age**  
What are the Expressive Arts and How Do I Teach Them?  
What are the Expressive Arts? How do I teach them and incorporate them into my program? Join us for this session to answer these questions and more! Core Competency: II  
Dr. Carrie Beth Brouse  
Assistant Dean  
Winona State University  
Winona, MN |
| **F37 Pre-K/K**  
Coping, Calming, Controlling and Paying Attention: Supporting Self-Regulation in Young Children  
Young children require relationships, routines, and support as they develop the ability to control emotions, to pay attention and to adjust. Participants who join this session will define, identify, and plan strategies that support young children as they begin this journey toward self-regulation. Core Competency: I  
Vicki Hawley  
Professional Development Coordinator  
Center for Early Education and Development  
University of Minnesota  
Minneapolis, MN |
| **F38 General**  
Growing Smart Healthy Kids through Yoga: A Playshop for Educators and Child Centered Professionals  
Growing smart, healthy kids through Yoga Playshop will present ideas for everyday movement in the classroom. Scientific research supporting the benefits of mindfulness, yoga and breathing awareness with children will be shared. This workshop will inspire, educate and encourage early childhood professionals to welcome new resources that increase student achievement. Participants will leave this workshop with more understanding of yoga benefits for children. This is also an active workshop, but no special equipment or clothing is required. Core Competencies: I, II, IV & VI  
Jessie Forston, MEd, CYKT  
Founder  
Learning Tree Yoga: A Yoga Studio Just for Kids  
Edina, MN |
| **F39 General**  
Literacy Engagements: Fostering Early Foundations  
Litery is a 2 HOUR SESSON. FOR THE PART 2 OF THIS SESSION, PLEASE REGISTER FOR F49  
What does it look, sound and feel like when young children are engaged in the process of literacy? What role do we as teachers and significant adults in the lives of children play in this purpose? Come discuss and share and explore ways to foster both early literacy foundations as well as a love for literacy with the little ones in our lives. Core Competency: II  
Dr. Sue Starks  
Associate Professor of Education  
Concordia University  
St. Paul, MN |
Friday Session IV 3:15-4:30

F41 Infant
Stimulating Infant Environments and Activities
How do you engage your babies in learning throughout the classroom? How do you incorporate activities such as art and sensory play? We will share our ideas with you as you step into our classroom and invite you to be prepared to share what you do with your babies, also! Core Competency: II

Jodi Beaulieu  
Sonia Jenny  
Infant Teachers  
Hand in Hand Child Care Center  
St. Paul, MN

F42 Toddler
With Toddlers in Tow: Tips to go from Surviving to Thriving!
They are inquisitive and exploratory. They are silly and exasperating. They are toddlers! Toddlers and Twos have been described as “terrible” or “terrific”. Regardless of the description there are distinct challenges when working with this age group. Join us for some discussion about some of the hardships, some survival tips, as well as some ideas and strategies for enjoying and supporting them. We will also explore the mysteries of toddlerhood and discuss what toddlers are learning! Core Competency: II & IV

Kristen Wheeler Highland  
Early Childhood Consultant & Trainer  
Bloomington, MN

F43 Director
How the Best Get Better: Continuous Quality Improvement
Caring for and educating young children requires dedication, attention to detail, and a consistent focus on the factors that support high quality. However, high quality is not easily achieved nor easily sustained. In this interactive session, we will discuss every day obstacles that can inhibit or even deteriorate quality in an early childhood program. We will share and practice using four tools that support a focus on continuous quality improvements and enable programs to provide the best possible care and education for young children. Core Competency: VII

Sharon Bergan, PhD  
Executive Director  
MnAEYC-MnSACA  
St. Paul, MN

F44 Pre-K/K
Project Wild
Project Wild connects children with nature through language, literacy, math, science, music and more! The outdoors is like a window on the world for all to learn the benefits of nature. Experience Project Wild’s hands-on activities and how to connect children with nature in your unique child care program. Core Competency: II

Miranda Oliver  
Early Childhood Professional and Trainer  
Forest Lake, MN

F45 Pre-K
The Reggio Approach: An Introduction
Have you heard about the Reggio Approach but don’t know enough about it to implement it in your work with children? Come to this introductory workshop to learn more tools to use in your classroom or childcare setting. Core Competency: II

Dr. Carrie Beth Brouse  
Assistant Dean  
Winona State University  
Winona, MN

F46 General
If You Build It, They Will Play!
The hardware store is an amazing place to find materials to support learning in the early childhood classroom. Come see a variety of different materials which can be used! You will also receive some instructions for building and creating these items in your own program. Don’t forget to bring your camera. Core Competency: II

Mike Mulso  
Vicar  
Emanuel Lutheran Church  
Inver Grove Heights, MN

F47 General
You’ve Got Personality, Kid!
How is it that some children challenge us to the limit while other children are a breeze? Each child has a unique temperament and these traits indicate specific strategies needed for success. During this seminar, you will identify a challenging child’s unique temperament trait makeup; discover some common triggers for some of the most challenging traits; and explore ways to work with a difficult trait to increase further success. Core Competency: I

Raelene Ostberg  
Family Education Specialist  
Thriving Together, LLC  
Northfield, MN

F48 General
Service Learning for the Young Child
Service-learning is definitely a hot topic amongst youth organizations across the world! Creating global citizens through service-learning theories and applications is an important goal that should be woven throughout education. Although this practice tends to be focused on older students in K-12 formal educational settings, it can be started as early as preschool and early elementary in afterschool and non-formal classrooms. This presentation will explore the standards of quality service-learning and how to engage young children in service-learning projects. We will also investigate planning and incorporating the service-learning theory into teaching methods to provide quality learning environments. Core Competency: II

Nicole Pokorney  
Extension Educator  
University of Minnesota  
Rochester, MN

F49 General  * Meets Minnesota relicensure criteria
Literacy Engagements: Fostering Early Foundations
THIS IS A 2 HOUR SESSION. FOR THE BEGINNING OF THIS SESSION, PLEASE REGISTER FOR F39
What does it look, sound and feel like when young children are engaged in the process of literacy? What role do we as teachers and significant adults in the lives of children play in this purpose? Come discuss and share applicable ways to foster both early literacy foundations as well as a love for literacy with the little ones in our lives. Core Competency: II

Dr. Sue Starks  
Associate Professor of Education  
Concordia University  
St. Paul, MN
S11 Infant/Toddler
Understanding the Temperament of Infants and Toddlers
Infants come into this world with different temperamental tendencies that play a major role in their behavior. This session will provide you with an overview of temperament by presenting the different temperament traits and types, along with strategies to work with individual children. Core Competency: III
Monica Durgin
Family Engagement Coordinator & Early Childhood Specialist/Trainer
Shoreview, MN

S12 Infant/Toddler
Infant & Toddler Literacy: Miracles in Tiny Steps
Join us for this session where we will look at lots of books together. We will discuss, informally, choosing and sharing books to get our little ones off to a great start! Core Competency: I & III
Susan Oleanna
Minneapolis, MN

S13 Director
Creating a Synergetic Team
In this sectional, we will take the time to discover our strengths and learn how to use them to create a team atmosphere where each member can use their God-given talents to succeed. Core Competency: VIII
Lynsey Pierce
4’s Teacher
Redeemer Lutheran Preschool
Willmar, MN

S14 Pre-K
Games and Activities to Promote Language Development
In this session, we will experiment with games and activities that promote all areas of language development: auditory, visual, speaking, and printing. Core Competency: II
Laurie Cummings
Child Development Instructor
Burnsville, MN

S15 Pre-K/K
Teaching Technology with Everyday Supplies
Technology is here to stay and teaching preschool age children how technology interacts with them every day is a lot of fun and can be done with little to no screen time! We focus on “play theory” based on the fact that play is the mechanism by which the children learn. Children play at what they are familiar with, and with computers that does not have to be the “real” plugged in experience. Join us to learn fun, engaging and creative ways to embed technology into your everyday teaching! Core Competency: II
Bob Gits
Owner
GitsSmart Technology and Educational Resources for Children
Burnsville, MN

S16 Pre-K
Let’s Get Dramatic
A Dramatic Play area in the classroom creates a laboratory for children to make their own choices, assimilate new concepts and use a variety of skills through interactions with peers and materials. Weaving concepts from all content areas within the curriculum enhances the experiences and outcomes that the children are learning. It also creates an atmosphere for children to investigate, reconstruct and share what they are learning. Core Competency: II
Elizabeth Sherman
Community Action Head Start
St. Paul, MN
Lyne Mulso
Former Head Start Teacher
Sherburn, MN

S17 General
Quality Observations = Quality Care and Education
Workshop attendees will learn why and how observation is essential to quality care and education. Additionally, learn how to utilize observational gleanings to support children’s development and learning. Core Competency: III
Dr. Carrie Beth Brouse
Assistant Dean
Winona State University
Winona, MN

S18 General
Moving with the Brain in Mind
Eighty percent of the “foundations” of neural networks are being constructed between birth and age 3. Join us to learn why it is critical for young children to have active physical and sensory experiences as it impacts their cognitive, emotional, and social understanding of the world. Core Competency: VI
Jamie Bronczyk
Director of Health and Nutrition
PICA Health Start
Minneapolis, MN

S19 General
The Art of Self Expression with Author & Artist Marianne Richmond
Best-selling children’s book author Marianne Richmond has been touching hearts for the past two decades, creating beloved books like “I Love You So...” and “If I Could Keep You Little” that help people “feel their feelings” and foster connection. Join her for an hour of inspiration where you’ll learn about her books, the “why” behind her work and gather project ideas to encourage artistic self expression in your littlest students. Core Competency: II
Marianne Richmond
Author, Artist & Inspirationalist
St. Anthony Village, MN
S23 Director/General

Executive Function: Necessary Foundation for Learning

Executive functioning is not about shapes, colors, numbers and letters of the alphabet. Following directions, playing creatively, taking turns, developing inhibitory control, correcting mistakes, learning to focus and adjusting to change are skills that mature through practice and stimulating experience. How children function matters – for school and for life! Learn strategies to help children thrive!

Core Competency: I, II & IV

Dr. Ada Alden, CFLE
Educational Consultant & Adjunct Professor
Plymouth, MN

S24 Pre-K/K

Movin', Groovin', and Singing All Day!

Incorporate music and movement into your daily routines and transitions to maximize learning experiences. Have fun at this session as you participate in music and movement activities that you can use in your classroom. Core Competency: II

Laurie Cummings
Child Development Instructor
Burnsville, MN

S25 Pre-K

Down on the Farm: Theme Based Curriculum

Let’s take a trip down on the farm and learn some new ways to put together a fun-filled farm curriculum for your child care setting. Curriculum ideas include indoor and outdoor activities, music, movement, math, science, and language development activities. Core Competency: II

Lori Ann Hameister
Early Childhood Trainer and Mentor
Little Bit of Guidance
Eyota, MN

S26 Pre-K/K

Counting on Math

This class is filled with age appropriate ideas and activities for teaching the beginning math concepts that young children need to know: counting, matching, sorting, graphing, patterning, estimating, and more! If you are a self-proclaimed math-phobic or math-hater, then this is the session for you!

Core Competency: II

Bev Herr
Early Childhood Educator
Woodbury, MN

S27 General

They Hurt Too: Serving Children of Divorce

The purpose of this workshop is to identify the impact divorce can have on the children in your program and how providers can respond appropriately. We will dispel and/or clarify myths surrounding custody and nonresidential parental rights. Core Competency: I, III, IV & V

Marsha Parlington
MnSACA Trainer & MAPP Coach
Hopkins, MN

S28 General

A Guide to Cheap Fun

In today’s modern world, it’s really easy to have a week jam-packed with activities and yet emerge having collected very few – if any! – memorable moments with the people we love the most! The sad part is, creating these great scenes is not very hard at all. In this session, Jason will share a ton of simple ideas for cheap ways to have big fun, while creating stronger bonds and the types of memories that last forever! Core Competency: IV

Jason Kotecki
Speaker, Artist & Author
Madison, WI
S31 Infant/Toddler
Brainy Babies and Toddlers, Too!
Each baby is born with 100 billion neurons and we are given the opportunity to make the most of each one. How do the interactions that you have with babies and toddlers strengthen and build the synapses in their brain? We will delve into some favorite activities and find out why they are great and also share some new opportunities for learning fun.
Core Competency: II
Sara Mulso
Early Childhood Trainer
North St. Paul, MN

S32 Infant/Toddler
No More Time-Outs for Toddlers
Have you discovered that Time Outs are not working for you or the children? There are other ways we can support children in learning appropriate behaviors. This workshop is designed to look at other strategies to help toddlers work through these difficult behaviors.
Core Competency: I
Judy Davis
Early Childhood Trainer & Consultant
St. Paul, MN

S33 Director/General
Minnesota: Melting Pot of Preschoolers
This session will focus on the diversity that makes up Minnesota childcare centers. Join us to talk about what it takes to work with this unique group of children and their parents. You’ll also gain an understanding of the diversified set of cultural values that they bring with them. Core Competency: V
Shonali Harrison
Administrator
Eden Prairie Montessori Learning Center
Eden Prairie, MN

S34 Pre-K/K
Arts vs. Crafts
Based on Bev Bos’ book “Don’t Move the Muffin Tins,” the concept of process oriented art will be explored in this session. We will learn and discuss ways to enhance and promote creative self-esteem through children’s art activities. Come prepared to participate!
Core Competency: I & II
Mandi Opsina
Early Childhood Trainer
Shoreview, MN

S35 Pre-K/K/School Age
Bugs, Blossoms & Butterflies: An Outdoor Learning Experience
Time to get down and dirty! Explore the benefits of gardening with children of all ages. We will learn ways to incorporate gardening activities into all areas of your curriculum as well as some fun and interesting learning experiences about all the little creatures that live in the garden. Let your children’s minds sprout along with the seeds that they plant. Come and see how science can be your friend! Core Competency: II
Lori Ann Hameister
Early Childhood Trainer & Mentor
Little Bit of Guidance
Elyta, MN

S36 Pre-K/K
Math All Around
Get ready to move and have some fun! This session will include activities, favorite songs, and movements to enhance math skills for your children.
Core Competency: II
Julie Torkelson
Retired Early Childhood Teacher
Shoreview, MN

S37 General
Why Even the Little Ones have Mental Health Disorders and How We Can Help Them at School
THIS IS A 2 HOUR SESSION. FOR THE CONTINUATION OF THIS SESSION, REGISTER FOR S47
This session will include a description of the early warning signs of children’s mental illness and the roots of these problems. Learn how to integrate mental health supports and services into education program planning. Most importantly, learn how to help children and their families deal with these tough issues.
Core Competency: III & IV
Sally Baas
President, National Association of School Psychologists
Professor, Concordia University
St. Paul, MN

S38 General
Caring for Food Allergic Children in an Early Childhood Environment
This training provides guidance on how to handle daily care, manage safety and promote inclusiveness of food allergic children. You will learn about food allergies and intolerances, the identification, treatment, and medication management of allergic reactions. Create a parent/care provider partnership based on mutual responsibility and respect that ensures the safety of all allergic children. Core Competency: VI
Kristin Beltanos
Consultant & Licensed Trainer
Maple Grove, MN

S39 General
What Kids Do, What Kids Need
Even if you do not have a diverse childcare, you will learn why an appreciation for diversity is an essential skill in order for all children to succeed in a world full of differences. This interactive training will give you insight into attitudes and actions that you can use to teach children to appropriately handle the differences they encounter.
Core Competency: IV
Wanda Hill
Early Childhood Educator
Blaine, MN
### Saturday Session IV 3:15-4:30

**S41 Infant/Toddler**  
**Open the World of Communication with Babies Using Sign Language**  
This workshop will provide participants with an overview of the Baby Signs® Program. You will see the benefits of signing with babies, the research the program is based on and the use of the Baby Signs® Program in daily routines. It introduces participants to the training options available and gives them a taste of the material presented in training, including some signs to begin using today. Core Competency: I, II & IV  
Carol Hedberg  
Independent Certified Instructor &  
Early Childhood Educator Trainer  
Baby Signs Program  
Savage, MN

**S42 Infant/Toddler**  
**Young Children & Biting**  
Children & biting is frustrating all the way around! This workshop will discuss ideas and techniques to help the child work through the biting stage. With the use of handouts and discussion, we will discover new practices and methods to enhance the environment and successfully support the child through this stage of development. Core Competency: I  
Judy Davis  
Childhood Trainer & Consultant  
St. Paul, MN

**S43 Director**  
* Meets Minnesota relicensure criteria  
**Communication with Families & Communities: Email, Social Media & Websites**  
Communication with families is growing increasingly complex. With all of the varying methods of communication, what are the best methods to reach parents or to market your early childhood program? Learn about how to use affordable and free solutions that provide traceable emails, simple websites and fundamentals of social media. Core Competency: V  
Jason DeBoer-Moran  
Director of Marketing and Communications  
Concordia University  
St. Paul, MN

**S44 General**  
**Parent – Provider Relationships**  
Come to this session ready to discuss issues that are the foundation of positive communication with parents. Participants will learn techniques to create positive relationships right from initial contact, how to keep lines of communication open and how to deal with difficult situations. Core Competency: IV & V  
Mandi Opsina  
Early Childhood Trainer  
Shoreview, MN

**S45 Pre-K/K**  
**Music and Movement in the Classroom**  
How do we create life-long healthy habits? We will show you how to use every opportunity to warm up, strengthen and stretch each muscle group, as well as to purposely incorporate exercises that improve strength, flexibility, endurance, balance, agility and coordination in the classroom. The purpose of this class is to teach care providers how easy it is to incorporate a fitness philosophy into their daily schedules, especially when space is limited! We strongly encourage you to wear your comfy shoes and to participate in the music and strength training portion of the class. Core Competency: I, II & IV  
Teresa Brenke  
Director  
CLD, Center for Leadership Development  
Shakopee, MN

**S46 Pre-K/K**  
**Jesus Loves Me and I Love Him!**  
Our preschoolers have such big hearts and love deeply. For many of them “Jesus Loves Me” is one of the first songs they learn. In this session we’ll explore ways to bring worship alive for them. We’ll look at different parts of worship and how to incorporate them into Jesus time with your little ones. During our time we’ll learn from each other as well, sharing what you’re doing and what’s working. Core Competency: I & II  
Megan Huff  
Director of Christian Education  
St. Stephanus Lutheran Church  
St. Paul, Mn.

**S47 General**  
* Meets Minnesota relicensure criteria  
**Why Even the Little Ones have Mental Health Disorders and How We Can Help Them at School**  
THIS IS A 2 HOUR SESSION. FOR THE BEGINNING OF THIS SESSION, PLEASE REGISTER FOR S37  
This session will include a description of the early warning signs of children’s mental illness and the roots of these problems. Learn how to integrate mental health supports and services into education program planning. Most importantly, learn how to help children and their families deal with these tough issues. Core Competency: III & IV  
Sally Baas  
President, National Association of School Psychologists  
Professor, Concordia University  
St. Paul, MN

**S48 General**  
**Autism Strategies for Success: Early Identification and Intervention**  
Participants in this session will learn autism trends, how to identify the red flags of autism, how to share observations while supporting parents, as well as proactive strategies for positively impacting the child’s behavior. Core Competency: I & III  
Anne Dudley  
Education Specialist  
Autism Society of Minnesota  
St. Paul, MN

**S49 Pre-K/K/School Age**  
**Sneaky School**  
Out-of-school time is perfect for supporting the academics of the school day and inspiring a love of learning. In this session, you will participate in some fun activities to use with the Pre-K to elementary age children. Additionally, we will discuss techniques to sneak learning into daily activities. Core Competency: II  
Heidi Gordon  
Site Coordinator  
Anoka School District  
Anoka, MN