Step 1: Complete an AA, AS, or AAS degree at Saint Paul College (AAS Sport and Exercise Science preferred)

Step 2: Complete the MnTC Goal Areas not met by AS or AAS degree and remaining elective credits through SPC or CSP* (6-8 credits in Theology must be completed at CSP)

Step 3: Complete the remaining requirements at Concordia University.*

<table>
<thead>
<tr>
<th>BS Exercise Science at CSP</th>
<th>Credits</th>
<th>CSP Notes</th>
<th>Saint Paul College Course Option</th>
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<tr>
<td>Prerequisites from General Education</td>
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<tr>
<td>BIO 120 General Biology I</td>
<td>4</td>
<td>Prerequisite</td>
<td>BIOL 1740 General Biology 1</td>
</tr>
<tr>
<td>CHE 115 General Chemistry I</td>
<td>4</td>
<td>Prerequisite</td>
<td>CHEM 1711 Principles of Chemistry 1</td>
</tr>
<tr>
<td>MAT 110 Intro. to Prob. and Statistics</td>
<td>3</td>
<td>Prerequisite</td>
<td>MATH 1740 Intro. to Statistics</td>
</tr>
</tbody>
</table>

Required Major Credits and Major Elective Options
Bachelor of Science in Exercise Science Majors may choose to complete up to 34 major credits at Saint Paul College

| BIO 315 Human Anatomy & Physiology I | 4       | Requirement | BIOL 2721 Human Anatomy & Physiology I |
| KHS 220 Research Methods | 4       | Requirement | *Must be completed at CSP |
| KHS 300 Applied Nutrition | 4       | Requirement | HLTH 1465 Functional Holistic Nutrition |
| KHS 311 Functional Anatomy | 4       | Requirement | HLTH 1425 Clinical Applications in Kinesiology |
| KHS 316 Psychology of Sport Injury and Rehab | 4       | Requirement | *Must be completed at CSP |
| KHS 400 Health Psychology | 4       | Requirement | *Must be completed at CSP |
| KHS 436 Motor Dev., Control & Motor Learning | 4       | Requirement | *Must be completed at CSP |
| KHS 472 Athletic Training, Injury Prev, and Safety | 4       | Requirement | HLTH 1485 Therapeutic Exercise |
| KHS 473 Biomechanics | 4       | Requirement | *Must be completed at CSP |
| KHS 450 Exercise Assessment and KHS 474 Exercise Physiology | 4       | Requirement | HLTH 1610 Sport and Exercise Coaching and HLTH 1620 Advanced Concepts in Training and HLTH 1630 Functional Exercise Physiology and All three courses must be completed at SPC for KHS 450 and KHS 474 |
| KHS 475 Applied Exercise Prescription | 4       | Requirement | *Must be completed at CSP |
| KHS 490 Senior Professional Seminar | 1       | Requirement | *Must be completed at CSP |
| KHS 498 Internship | 4       | Requirement | *Must be completed at CSP |
| BIO 316 Human Anatomy & Physiology II | 4       | Major Elective | BIOL 2722 Human Anatomy & Physiology II |
| BIO 350 Medical Terminology | 2       | Major Elective | BIOL 1471 Medical Terminology |
| CHE 116 General Chemistry II | 4       | Major Elective | CHEM 1712 Principles of Chemistry 2 |
| MAT 125 Precalculus or MAT 135 Calculus I | 4       | Major Elective | MATH 1762 Pre-Calculus or MATH 2749 Calculus I |
| PHS 112 General Physics I (Trig Based) | 4       | Major Elective | PHYS 1720 Principles of Physics 1 |

*see www.csp.edu/transfer for important transfer policies