



TRANSFER GUIDE

Saint Paul College to Concordia University, St. Paul Bachelor of Science in Exercise Science

- ✓ **Step 1:** Complete an AA, AS, or AAS degree at Saint Paul College (*AAS Sport and Exercise Science preferred*)
- ✓ **Step 2:** Complete the MnTC Goal Areas not met by AS or AAS degree and remaining elective credits through SPC or CSP* (*6-8 credits in Theology must be completed at CSP*)
- ✓ **Step 3:** Complete the remaining requirements at Concordia University.*

| BS Exercise Science at CSP | Credits | CSP Notes | Saint Paul College Course Option |
|---|---------|----------------|---|
| Prerequisites from General Education | | | |
| BIO 120 General Biology I | 4 | Prerequisite | BIOL 1740 General Biology 1 |
| CHE 115 General Chemistry I | 4 | Prerequisite | CHEM 1711 Principles of Chemistry 1 |
| MAT 110 Intro. to Prob. and Statistics | 3 | Prerequisite | MATH 1740 Intro. to Statistics |
| Required Major Credits and Major Elective Options <i>Bachelor of Science in Exercise Science Majors may choose to complete up to 34 major credits at Saint Paul College</i> | | | |
| BIO 315 Human Anatomy & Physiology I | 4 | Requirement | BIOL 2721 Human Anatomy & Physiology I |
| KHS 220 Research Methods | 4 | Requirement | <i>*Must be completed at CSP</i> |
| KHS 300 Applied Nutrition | 4 | Requirement | HLTH 1465 Functional Holistic Nutrition |
| KHS 311 Functional Anatomy | 4 | Requirement | HLTH 1425 Clinical Applications in Kinesiology |
| KHS 316 Psychology of Sport Injury and Rehab | 4 | Requirement | <i>*Must be completed at CSP</i> |
| KHS 400 Health Psychology | 4 | Requirement | <i>*Must be completed at CSP</i> |
| KHS 436 Motor Dev., Control & Motor Learning | 4 | Requirement | <i>*Must be completed at CSP</i> |
| KHS 472 Athletic Training, Injury Prev, and Safety | 4 | Requirement | HLTH 1485 Therapeutic Exercise |
| KHS 473 Biomechanics | 4 | Requirement | <i>*Must be completed at CSP</i> |
| KHS 450 Exercise Assessment and KHS 474 Exercise Physiology | 4 4 | Requirement | HLTH 1610 Sport and Exercise Coaching and HLTH 1620 Advanced Concepts in Training and HLTH 1630 Functional Exercise Physiology and <i>All three courses must be completed at SPC for KHS 450 and KHS 474</i> |
| KHS 475 Applied Exercise Prescription | 4 | Requirement | <i>*Must be completed at CSP</i> |
| KHS 490 Senior Professional Seminar | 1 | Requirement | <i>*Must be completed at CSP</i> |
| KHS 498 Internship | 4 | Requirement | <i>*Must be completed at CSP</i> |
| BIO 316 Human Anatomy & Physiology II | 4 | Major Elective | BIOL 2722 Human Anatomy & Physiology II |
| BIO 350 Medical Terminology | 2 | Major Elective | BIOL 1471 Medical Terminology |
| CHE 116 General Chemistry II | 4 | Major Elective | CHEM 1712 Principles of Chemistry 2 |
| MAT 125 Precalculus or MAT 135 Calculus I | 4 | Major Elective | MATH 1762 Pre-Calculus or MATH 2749 Calculus I |
| PHS 112 General Physics I (Trig Based) | 4 | Major Elective | PHYS 1720 Principles of Physics 1 |
| <i>*see www.csp.edu/transfer for important transfer policies</i> | | | |

Guide approved 04-2020, OA/GS