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Human Resources Advisor October 2021



Mask Update

As we shared on Thursday 9-16-21, we are continually monitoring essential data points relating to the prevalence of COVID-19 across our campus population. All of the data continue to show that CSP is performing far better than the broader community in relation to COVID mitigation, due to multiple factors:

- Vaccination rates among all groups on campus range from 72-90%, which is well above our targets of 70% or higher
- Active case counts remain below 1% at CSP (due primarily to our exceptionally high vaccination rates)
- The few incidents of COVID on campus are all following standard quarantining practices

With the data in hand, as of Saturday September 25th, we plan a responsible slight easing of the masking requirements on our St. Paul campus, modified to the following:

- Mask usage will be required in common areas indoors and in classrooms for those who are not vaccinated.
- Mask usage is now strongly encouraged for everyone who is vaccinated.

For our Portland on-site nursing students, faculty and staff are masking indoors and meeting vaccination standards in compliance with the local requirements.

Read the full story <u>HERE</u>

Data Protection Training

October is Cyber Security Awareness Month and CSP is going to jump on the bandwagon by announcing our annual Data Protection training!

October. This will be an online training, so please be on the lookout for an email with a link to complete the training.

Are you asking "why do we have to do this and why annually"? CSP is doing this so everyone one is aware of our policies, processes and resources available to ensure safer and secure data protection across the university. As a University, CSP will be doing this annually, as we know how quick things can change in the data world and feel this is the best way to get everyone up to speed.

Human Resources will be in charge of sending out and tracking the completion. If you have any questions, please do not hesitate to let us know.

2021 Homecoming

Homecoming is just around the corner! This year we have all of the inperson events you love as well as a variety of virtual events. Get your tickets now!

Enjoy your favorite traditions and festivities and reconnect with your CSP friends. This year we have all of the in-person events you love as well as a variety of virtual events.

PRICING:

Adult wristband \$30 | Child wristband \$15

Wristbands include <u>UNLIMITED</u> food, drinks, and rides at Comet's Carnival and entrance to Saturday and Sunday athletic events.



Click <u>here</u> for registration!

New Wellness Challenge Platform

In partnership with Vitality, Concordia Plans is excited to announce a new wellness challenge platform for members called MoveSpring.

members. In addition, there is a feature that allows members to create their own challenges.



During the month of October, there will be several individual challenges that members can engage in, **and of course, can earn Vitality points along the way!** These individual challenges will not replace the Synodwide Steps challenge scheduled for October mentioned in the Wellness Champion Planner. However, we do plan to utilize MoveSpring for more Synod-wide Challenges in the future.

Members will receive more information about MoveSpring in the upcoming months including steps on how to download the app, register and start completing individual challenges.

Cigna Employee Assistance Program

We are focusing on stress awareness by providing educational resources to support workers as they assess their own emotional health and learn ways to take care of themselves in stressful times. All LCMS workers have access to Cigna's Employee Assistance Program (EAP), which provides up to six free visits per issue or topic. Cigna provides a variety of mental health solutions and resources to workers and members of their household including:

- Stress.
- Anxiety.
- Grief.
- Work/life balance.
- Substance abuse and addiction.
- Financial issues.
- Family needs, such as childcare, elder care, adoption assistance and more.



Instructions or go to <u>Concordia Plans</u> to view all the mental health resources available to LCMS workers and Concordia Health Plan members.

Upcoming Key Dates

October 8, Friday - October 10, Sunday: Homecoming November 16, Tuesday: Biometric Screening November 18, Thursday: Thanksgiving Luncheon

New Hires/Promotions

Please join us in welcoming our new hires!

Tarah Hauger - Administrative Assistant for the College of Education Sarah Brewer - Instruction and Outreach Librarian

October Recipe

White Chocolate Pumpkin Snickerdoodles

- Prep Time: 45 minutes
- Cook Time: 10 minutes
- Total Time: 1 hour, 10 minutes
- Yield: 18 cookies

Description: These soft & chewy snickerdoodle cookies are full of pumpkin, white chocolate, and cinnamon sugar. Warning: they disappear quickly, so make a double batch!



<u>https://sallysbakingaddiction.com/white-chocolate-pumpkin-snickerdoodles/print-recipe/74899/</u>

HR Hours of Operation 8:30 a.m – 4:30 p.m. RT 900 Questions or comments regarding the Human Resources Advisor can be directed to Cassidy Leininger: cleininger@csp .edu or 651-641-8721



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