

**Saint Paul College: Sport and Exercise Science Associate of Applied Science to  
Concordia University, St. Paul: Bachelor of Arts in Exercise Science Online & On-Campus**  
Transfer Guide is based on the 2023-2024 Academic Catalog and may be subject to change

- ✔ Step 1: Complete the below general education courses in your Associate's Degree.  
\*If you are MnTC complete, all general education courses except for Theology will be met

General Education Equivalencies		
SPCC AAS Sport & Exercise Science Courses	Credits	How it transfers to CSP*
ENGL 1711 Composition I	4	ENG 121 College Writing
<i>All remaining General Education Courses</i>	9	Elective - applied towards minimum 120 required credits*

- ✔ Step 2: Complete the below major courses in your Associate's degree.  
\*A minimum of 50% of the major course requirements must be completed at CSP

Major Course Equivalencies		
SPCC AAS Sport & Exercise Science Courses	Credits	How it transfers to CSP*
PSYC 1750 Intro to Health Psychology	3	KHS 400 Health Psychology
BIOL1760 Nutrition	3	KHS 300 Applied Nutrition
HLTH 1422 Health and Wellness Coaching	4	KHS 475 Applied Exercise Prescription
HLTH 1610 Sport and Exercise Coaching** HLTH 1620 Advanced Concepts in Training HLTH 1630 Functional Exercise Physiology	13	KHS 450 Exercise Assessment** KHS 474 Exercise Physiology
HLTH 1690 Sport & Exercise Science Internship	5	KHS 498 Internship
<i>All remaining Major Courses</i>	19	Elective - applied towards minimum 120 required credits*

- ✔ Step 3: Complete the following minimum requirements\* at Concordia University:

Remaining General Education and Major courses requirements at Concordia University, St. Paul	Credits
<b>Remaining General Education Requirements:</b>	<b>15-27</b>
Theology: Must be completed at CSP	6
Humanities (2 Courses)	3-6
Social Science (2 Courses)	6
Communication	0-3
General Education Electives	0-6
<b>Remaining Prerequisite Requirements:</b>	<b>7</b>
BIO 120 General Biology I	4
MAT 110 Intro to Probability and Statistics	3
<b>Remaining Major Course Requirements:</b>	<b>24</b>
KHS 225 Foundations of Exercise and Sports Science	4
KHS 311 Functional Anatomy	4
KHS 436 Motor Development, Control & Motor Learning	4
KHS 473 Biomechanics	4
KLHS 435 Sport and Exercise Psychology	4
KHS 394 Sport Business	4
<i>Elective Credits to reach minimum requirement to reach 120*</i>	9
<b>Minimum Total Credits to complete at CSP</b>	<b>60</b>

**\*see reverse for important transfer policies**

**\*\*A combination of HLTH 1610, HLTH 1620, and HLTH 1630 will transfer in for KHS 450 and KHS 474. All three courses with sufficient grades are necessary to receive transfer credit for both CSP courses.**

Transfer Policies:

- The above transfer guide is intended for fully completed MnTC Goal Areas only. Partially completed goal areas will be subject to course-by-course evaluation and does not guarantee transfer to a specific CSP general education area.
- An overall GPA of 2.0 or higher and major GPA of 2.0 or higher is required. (Unless the course applies toward the major, all transfer credit is accepted with a grade of Pass 'P' and does not impact your CSP GPA.)
- A minimum of 120 credits is required to earn a bachelor's degree from CSP. A minimum of 30 credits must be successfully completed at CSP and a maximum of 90 credits will be accepted in transfer.
- A minimum of half of the major credit requirements must be successfully completed at CSP.
- Completion of the full MN Transfer Curriculum will fulfill all general education credits at CSP, with the exception of Theology.
- Students may have additional credits earned from attendance at other schools, please be sure to submit all transcripts.
- The courses listed above are current as of the corresponding Academic Calendar. Course requirements are subject to change.
- Please contact the Concordia University Office of Admissions for the most up to date information.

Guide approved by Registrar & SCS 05/2023