

Normandale Community College: Associate of Science Exercise Science Transfer Pathway to Concordia University, St. Paul: Bachelor of Arts in Exercise Science

Transfer Guide is based on the 2024-2025 Academic Catalog and may be subject to change



Step 1: Complete the below general education courses in your Associate's Degree:

If you are MnTC complete, all general education requirements except for Theology will be met

General Education Equivalencies		
Normandale General Education Courses	Credits	How it transfers to CSP*
ENGC 1101 Freshman Composition	4	Communication General Education Area
COMM 1100, 1101, 1111 or 1121 ¹	3	Communication General Education Area OR General Elective Credit ¹
BIOL 1501 Principles of Biology I	5	Natural Science General Education Area
MATH 1080 Introduction to Statistics or MATH 1090 STATWAY Statistics 2 or MATH 1095 STATWAY Statistics Accelerated	4	Mathematics General Education Area
PSYC 1110 Introduction to Psychology	4	Social Science General Education Area
Complete one course from Goal 5 (non-PSYC) ²	3	Social Science General Education Area ²
All remaining General Education Courses	17	Elective - applied towards minimum 120 required credits*



Step 2: Complete the below major courses in your Associate's degree.

*A minimum of 50% of the major course requirements must be completed at CSP

Major Course Equivalencies		
Normandale Major Courses	Credits	How it transfers to CSP*
HLTH 1107 Principles of Nutrition	3	KHS 300 Applied Nutrition
EXSC 2300 Introduction to Exercise Science	3	KHS 225 Foundations Exercise and Sport Science
EXSC 2305 Exercise Physiology	3	KHS 474 Exercise Physiology
EXSC 2315 Fitness Assessment and Exercise Prescription	3	KHS 475 Applied Exercise Prescription
All remaining Major Courses	8	Elective - applied towards minimum 120 required credits*



Step 3: Complete the following minimum requirements* at Concordia University:

Remaining General Education and Major courses requirements at Concordia University, St. Paul	Credits
Remaining General Education Requirements:	12
Theology: Must be completed at CSP	6
Humanities (2 Courses)	6
Remaining Major Course Requirements:	42
KHS 435 Sport and Exercise Psychology	4
KHS 311 Functional Anatomy	4
KHS 473 Biomechanics	4
KHS 394 Sport Business	4
KHS 436 Motor Development, Control & Motor Learning	4
KHS 450 Exercise Assessment	4
KHS 498 Internship	4
Elective Credits to reach minimum requirement of 120*	20

**see reverse for important transfer policies*

¹CSP recommends students select COMM 1100, COMM 1101, or COMM 1111 as Small Group Communication is not a general education course at CSP. Students who select COMM 1121 will have additional requirements to complete at CSP.

²If the full goal area is not complete, verify with CSP that the chosen course in each goal area will satisfy the indicated general education area. CSP cannot guarantee course transfer if the full goal area is not complete. Students who are not goal area complete and select courses not approved as a general education course at CSP may have additional credit requirements to complete at CSP.

Transfer Policies:

- The above transfer guide is intended for fully completed MnTC Goal Areas only. Partially completed goal areas will be subject to course-by-course evaluation and does not guarantee transfer to a specific CSP general education area.
- An overall GPA of 2.0 or higher and major GPA of 2.0 or higher is required. (Unless the course applies toward the major, all transfer credit is accepted with a grade of Pass 'P' and does not impact your CSP GPA.).
- A minimum of 120 credits is required to earn a bachelor's degree from CSP. A minimum of 30 credits must be successfully completed at CSP and a maximum of 90 credits will be accepted in transfer.
- A minimum of half of the major credit requirements must be successfully completed at CSP.
- Completion of the full MN Transfer Curriculum will fulfill all general education credits at CSP, with the exception of Theology.
- Students may have additional credits earned from attendance at other schools, please be sure to submit all transcripts.
- The courses listed above are current as of the corresponding Academic Calendar. Course requirements are subject to change.
- Please contact the Concordia University Office of Admissions for the most up to date information.

Guide approved by Registrar & SCS: **XXXX**