

## Minnesota State College Southeast: Associate of Science Exercise Science Transfer Pathway to Concordia University, St. Paul: Bachelor of Arts in Exercise Science

Transfer Guide is based on the 2026-2027 Academic Catalog and may be subject to change



Step 1: Complete the below general education courses in your Program:

\*If you are MnTC complete, all general education requirements except for Theology will be met\*

General Education Equivalencies		
Southeast MN State General Education Courses	Credits	How it transfers to CSP*
ENGL 2525 College Writing II	3	Communication General Education Area
COMM 1218 College Speech	3	Communication General Education Area
MnTC Goal 3 Chemistry Course <sup>1</sup>	3	Natural Science General Education Area <sup>1</sup> OR General Elective <sup>1</sup>
MATH 1230 Introduction to Statistics	3	MAT 110 Introduction to Probability and Statistics
PSYC 1110 Introduction to Psychology	3	Social Science General Education Area
SOCS 1110 Introduction to Sociology	3	Social Science General Education Area
MnTC Goal Area 6 Course	3	Humanities General Education Area
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<i>All remaining General Education Courses</i>	16	Elective - applied towards minimum 120 required credits*



Step 2: Complete the below major courses in your Associate's degree.

\*A minimum of 50% of the major course requirements must be completed at CSP

Major Course Equivalencies		
Southeast MN State Major Courses	Credits	How it transfers to CSP*
BIOL 1226 Nutrition	3	KHS 318 Applied Nutrition
EXSC 1280 Introduction to Exercise Science	3	KHS 230 Foundations of Exercise and Sports Science
<i>All remaining Major Courses</i>	14	Elective - applied towards minimum 120 required credits*



Step 3: Complete the following minimum requirements\* at Concordia University:

Remaining General Education and Major courses requirements at Concordia University, St. Paul	Credits
<b>Remaining General Education Requirements:</b>	<b>6</b>
Theology: Must be completed at CSP	6
<b>Remaining Major Course Requirements:</b>	<b>31</b>
KHS 340 Functional Anatomy	3
KHS 425 Exercise and Sport Psychology	3
KHS 345 Sport Business	3
KHS 436 Motor Development, Control, and Motor Learning	4
KHS 480 Exercise Assessment	3
KHS 473 Biomechanics	4
KHS 474 Exercise Physiology	4
KHS 475 Applied Exercise Prescription	4
KHS 498 Internship	3
<i>Elective Credits to reach minimum requirement of 120*</i>	<b>23</b>

***\*see reverse for important transfer policies***

<sup>1</sup>CSP recommends students select a CHEM lab course from Southeast MN State as only lab containing courses will fulfill the Natural Science general education area at CSP. Students who select a non-lab course will be required to take an additional Natural Science course with lab at CSP.

Transfer Policies:

- The above transfer guide is intended for fully completed MnTC Goal Areas only. Partially completed goal areas will be subject to course-by-course evaluation and does not guarantee transfer to a specific CSP general education area.
- An overall GPA of 2.0 or higher and major GPA of 2.0 or higher is required. (Unless the course applies toward the major, all transfer credit is accepted with a grade of Pass 'P' and does not impact your CSP GPA.)
- A minimum of 120 credits is required to earn a bachelor's degree from CSP. A minimum of 30 credits must be successfully completed at CSP and a maximum of 90 credits will be accepted in transfer.
- A minimum of half of the major credit requirements must be successfully completed at CSP.
- Completion of the full MN Transfer Curriculum will fulfill all general education credits at CSP, with the exception of Theology.
- Students may have additional credits earned from attendance at other schools, please be sure to submit all transcripts.
- The courses listed above are current as of the corresponding Academic Calendar. Course requirements are subject to change.
- Please contact the Concordia University Office of Admissions for the most up to date information.

Guide approved by Registrar & SCS: xxxx  
Guide expires one year from approval