

Minnesota State College Southeast: Associate of Science Exercise Science Transfer Pathway to Concordia University, St. Paul: Bachelor of Science in Exercise Science

Transfer Guide is based on the 2026-2027 Academic Catalog and may be subject to change



Step 1: Complete the below general education courses in your Program:

If you are MnTC complete, all general education requirements except for Theology will be met

General Education Equivalencies		
Southeast MN State General Education Courses	Credits	How it transfers to CSP*
ENGL 2525 College Writing II	3	Communication General Education Area
COMM 1218 College Speech	3	Communication General Education Area
MnTC Goal 3 Chemistry Course ¹	3	CHE 115 General Chemistry I ¹ OR General Elective ¹
MATH 1230 Introduction to Statistics	3	MAT 110 Introduction to Probability and Statistics
PSYC 1110 Introduction to Psychology	3	Social Science General Education Area
SOCS 1110 Introduction to Sociology	3	Social Science General Education Area
MnTC Goal Area 6 Course	3	Humanities General Education Area
MnTC Goal Area 6 Course	3	Humanities General Education Area
<i>All remaining General Education Courses</i>	16	Elective - applied towards minimum 120 required credits*



Step 2: Complete the below major courses in your Associate's degree.

*A minimum of 50% of the major course requirements must be completed at CSP

Major Course Equivalencies		
Southeast MN State Major Courses	Credits	How it transfers to CSP*
BIOL 2515 Anatomy & Physiology I	4	BIO 315 Human Anatomy and Physiology I
BIOL 2516 Anatomy & Physiology II	4	BIO 316 Human Anatomy and Physiology II
BIOL 1226 Nutrition	3	KHS 318 Applied Nutrition
EXSC 1280 Introduction to Exercise Science	3	KHS 230 Foundations of Exercise and Sports Science
<i>All remaining Major Courses</i>	6	Elective - applied towards minimum 120 required credits*



Step 3: Complete the following minimum requirements* at Concordia University:

Remaining General Education and Major courses requirements at Concordia University, St. Paul	Credits
Remaining General Education Requirements:	6
Theology: Must be completed at CSP	6
Remaining Prerequisite Requirements:	4
BIO 120 General Biology ²	4 ²
Remaining Major Course Requirements:	46
KHS 301 Research Methods	3
KHS 340 Functional Anatomy	3
KHS 425 Exercise and Sport Psychology	3
KHS 405 Health Psychology	3
KHS 436 Motor Development, Control, and Motor Learning	4
KHS 480 Exercise Assessment	3

KHS 472 Athletic Training, Injury Prevention, and Safety	4
KHS 473 Biomechanics	4
KHS 474 Exercise Physiology	4
KHS 475 Applied Exercise Prescription	4
KHS 498 Internship	3
Exercise Science Electives	8
<i>Elective Credits to reach minimum requirement of 120*</i>	4
Minimum Total Credits to complete at CSP	60

****see reverse for important transfer policies***

¹CSP recommends students select CHEM 1430 from Southeast MN State as their MnTC Chemistry course as it is equivalent to CHE 115 at CSP, which is a requirement for the BS Exercise Science program. Students who do not select CHEM 1430 at Southeast State will be required to take CHE 115 at CSP.

²BIO 120 will also fulfill the Natural Science General Education requirement at CSP.

Transfer Policies:

- The above transfer guide is intended for fully completed MnTC Goal Areas only. Partially completed goal areas will be subject to course-by-course evaluation and does not guarantee transfer to a specific CSP general education area.
- An overall GPA of 2.0 or higher and major GPA of 2.0 or higher is required. (Unless the course applies toward the major, all transfer credit is accepted with a grade of Pass 'P' and does not impact your CSP GPA.)
- A minimum of 120 credits is required to earn a bachelor's degree from CSP. A minimum of 30 credits must be successfully completed at CSP and a maximum of 90 credits will be accepted in transfer.
- A minimum of half of the major credit requirements must be successfully completed at CSP.
- Completion of the full MN Transfer Curriculum will fulfill all general education credits at CSP, with the exception of Theology.
- Students may have additional credits earned from attendance at other schools, please be sure to submit all transcripts.
- The courses listed above are current as of the corresponding Academic Calendar. Course requirements are subject to change.
- Please contact the Concordia University Office of Admissions for the most up to date information.

Guide approved by Registrar & SCS: **xxxx**
Guide expires one year from approval